

ABSTRACT

A data area to record and/or reproduce data and an eccentricity measuring area 14 in which a groove area formed with spiral grooves and a planer mirror area are spatially alternately arranged are provided for a disc substrate. A width of groove area formed in the eccentricity measuring area, a width of mirror area, and an interval between the grooves in the groove area are selected so that a conventional mechanical characteristics measuring apparatus can track a plurality of grooves formed in the groove area as if the grooves were a single groove.